

# St. Andrew the Apostle Catholic Primary School



## Physical Education Policy

December 2022

*Succeeding Together in Faith and Love*

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## **Introduction**

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

**(The National Curriculum 2014)**

## **Framework**

At St. Andrew the Apostle Catholic Primary School, children begin their physical education learning journey in Nursery and Reception where they follow the Early Years Foundation Stage Profile – (Appendix 2) where they progress in strands such as physical Development. At this stage pupils develop their fundamental skills in individual and paired activities.

In Key Stage One, our pupils follow the breadth of study depicted in the National Curriculum (Appendix 3) and begin to link their movements together. In Key Stage 2 the pupils link multiple movements together and develop their understanding of tactics in different small team game situations.

## **Aims**

In St. Andrew the Apostle Catholic Primary School we aim to:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

## **Intent**

At St. Andrew the Apostle Catholic Primary School, Physical Education is very important to us all. Our intent is to educate the pupils to see the value of physical activity and give them the confidence, knowledge, skills and understanding to lead healthy, active lives and engage in competitive sports and activities.

## **Implementation**

Our aims are to fulfil the National Curriculum for Physical Education through active and engaging lessons. Each unit of work is based on developing the skills and understanding of how to take part in a sporting activity and culminates in a performance or competition.

In Key Stage 1 our pupils learn the fundamental skills of Physical Education. Then in Key Stage 2 they develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Our long-term plan takes into account the opportunities for the children to represent our school in inter school competitions.

### **Impact**

The Impact of our Physical Education curriculum is measured through the pupils' competence to excel in a broad range of physical activities. This is evident in our P.E lessons and performances in intra/inter school sports competitions.

### **Resources**

Resources are key to our teaching of Physical Education. We provide the staff with a wide range of resources to teach a wide variety of sports and physical activities.

- Badminton
- Tennis
- Lacrosse
- Hockey
- Tag Rugby
- Football
- Basketball
- Indoor/Outdoor Athletics equipment
- Gymnastics (climbing frames, balance boards, mats and spring boards)
- Different size cones

In addition to these resources we have outside resources including:

- Football pitches
- Basketball courts

- Marked areas on the play ground
- Track

### **Curriculum Links**

Physical Education can be used to enhance teaching and learning in other subjects such as:

- Science- measuring, graphs and tables, heart rate experiments
- English – writing reports about sport events

### **Roles and Responsibilities**

- Prepare and review policy documents and curriculum plans.
- Promote good practice throughout the school - support and extend good practice among colleagues in classes.
- Encourage staff to provide effective learning opportunities for all pupils.
- Enable pupils to progress and to have regard to the principles for inclusion.
- Organise and monitor professional development to help colleagues develop their subject expertise.
- Work with staff to co-ordinate the preparation and assimilation of medium term planning throughout school.
- Keep up to date with current developments.
- Communicate developments through staff meetings and distributing information.
- Monitor and evaluate the effectiveness of the teaching of Physical Education.
- Ensure common standards and formats for recording and assessing.
- Produce reports for review, governors and updates in newsletters.
- Audit resources and produce updated lists of materials and equipment.
- Contribute to the school improvement plan including costings and priorities which can help inform the school development plan.
- Be involved in liaison with secondary schools and other primary schools in the area.

## **Monitoring**

Monitoring will take place each year according to the monitoring framework. There will be two types of monitoring i. deep dive ii. shallow paddle.

- i. During a deep dive, the subject lead, curriculum lead and SLT will plan lesson observations, book looks, and pupil/staff voice. From this, the subject lead will produce a subject overview to be presented to SLT containing strengths and ways forward.
- ii. During a shallow paddle, the subject lead will be invited to drop in on lessons by class teachers and discuss learning with pupils. The subject lead will prompt the class teachers as to what term/week this should be. From this, the subject lead will gain a clear understanding of current teaching and learning.

## **Equality, Inclusion and Support**

At St. Andrew the Apostle Catholic Primary School we recognise the responsibility to provide a broad and balanced curriculum for all pupils. When planning lessons, teachers will adapt as necessary, to provide relevant and appropriately challenging activities in order to ensure a fully inclusive curriculum. This will ensure all pupils are given equal opportunities to develop their knowledge, skills, understanding and vocabulary.

During discussions, care is taken to present both sides of any debate clearly and fairly.

## **Review**

This policy was written by the subject leader and reviewed by the governors of St Andrew the Apostle Catholic Primary School in December 2022.

Review Date: October 2023

## Appendix 1 – Long Term Plan

Available from school website at:

[https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical Education](https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical%20Education)

## Appendix 2 - Early Years Foundation Stage Profile

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/1109972/Early Years Foundation Stage profile 2023 handbook.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1109972/Early_Years_Foundation_Stage_profile_2023_handbook.pdf)

## Appendix 3 - National Curriculum

[National curriculum in England: PE programmes of study - GOV.UK \(www.gov.uk\)](https://www.gov.uk/national-curriculum-in-england/primary-schools/physical-education)

## Appendix 4 – Key Concepts

Available from school website at:

[https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical Education](https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical%20Education)

## Appendix 5 – Progression Map

Available from school website at:

[https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical Education](https://standrewapostle.co.uk/key-information/curriculum/subjects/Physical%20Education)