

RSHE Curriculum Year 6

National Curriculum target links:			
		Healthy and safe Anti-bullying Relationships and Sex Education (RSE)	Emotional Health Citizenship / British Values Values – inc. diversity and equal opportunities
SG = contributes to safeguarding			
Core Theme	Autumn Term	Spring Term	Summer Term
Health and Wellbeing	Week 1 Character Education https://www.jubileecentre.ac.uk/1635/character-education Class virtue – Integrity Character Education Aspirations Talents – experiencing success	Week 1 Character Education https://www.jubileecentre.ac.uk/1635/character-education Class virtue	Week 1 Character Education https://www.jubileecentre.ac.uk/1635/character-education Class virtue
	Week 3 Self-confidence – valuing others Citizenship / British Values – financial capability, rights and responsibilities Children will learn: • about taking on more personal responsibility SG Children should: • be able to demonstrate how their actions affect others	Week 3 Drug education Healthy and safe Children will learn: • effects and risks of drugs and the consequences of use SG Children should: • be able to describe effects and risks, understand consequences of drug use and know where to go for help SG	Week 5 Moving on Healthy and safe Emotional Health Citizenship / British Values – rights and responsibilities Children will learn: • about change, including transitions (between Key Stages and schools), loss, separation, divorce and bereavement Children should:

			<ul style="list-style-type: none">• be able to differentiate between the terms, 'risk', 'danger' and 'hazard' e.g. use of mobile phones; internet etc. SG – in reference possibly to 'grooming'; cyber bullying; gang culture and possibly sexting. Online safety/Phone safety/Online sites.• have a range of coping strategies <p>Week 5</p> <p>Relationship and sex education – what do we mean by love?</p> <p>Healthy and safe</p> <p>Emotional Health</p> <p>Children will learn:</p> <ul style="list-style-type: none">• that there is nothing that they should be afraid to ask about (write questions down on paper – teacher might not be able to answer but can direct pupils) SG• about how to manage requests for images of themselves or others; what is and is not appropriate to ask for or share; who to talk to if they feel uncomfortable or are concerned by such a request SG
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<p>Relationships</p>	<p>Week 5 Conflict resolution Emotional Health Children will learn: <ul style="list-style-type: none"> • about how to deal with conflicts as they arise Children should: • be able to suggest strategies for handling conflict SG • be able to recognise and manage ‘dares’ SG • be able to recognise how “peer acceptance” may be influential in their actions and behaviours SG Secrets and dilemmas Values Healthy and safe Children will learn: <ul style="list-style-type: none"> • about handling moral dilemmas and when to tell SG Children should: • show understanding through role-play or other SG </p>	<p>Week 5 Arguments and families Emotional Health Children will learn: <ul style="list-style-type: none"> • about how families behave Children should: • recognise that reaching positive solutions usually involves negotiation and compromise SG Week 7 Strong emotions Emotional Health Children will learn: <ul style="list-style-type: none"> • what is appropriate and inappropriate SG Children should: • recognise that they may experience conflicting emotions and when they might need to listen to their emotions or overcome them SG • be able to express what it means to be in charge </p>	<p>Week 7 <u>RSE – Journey in Love</u> The wonder of God's love in creating new life (linked to Science) Relationship and sex education – what do we mean by love? Healthy and safe Children will learn: <ul style="list-style-type: none"> • about parenting and love SG Children should: • appreciate there are different types of love e.g. parental love, partner love, friendship love etc. SG • be aware that marriage is a commitment freely entered into by both people, that no one should enter into marriage if they don't absolutely want to do so SG Racism and its consequences <u>Week 9</u> <u>All are Welcome</u> To promote diversity To stand up to discrimination To challenge the cause of racism Values – diversity and equal opportunities Children will learn: <ul style="list-style-type: none"> • about aggressive behaviour SG Children should: </p>
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			<ul style="list-style-type: none"> • understand about bullying and racism SG
<p>Living in the Wider World</p>	<p>Week 7 Citizenship challenge / our neighbours Black history month <i>Citizenship / British Values – sense of community</i> Children will learn: <ul style="list-style-type: none"> • more about people in their community Children should: <ul style="list-style-type: none"> • be able to explain what local facilities exist in their community e.g. libraries, leisure centre etc. Week 9 Money and Me <i>Citizenship / British Values – financial capability, rights and responsibilities world of work</i> Children will learn: <ul style="list-style-type: none"> • about the role money plays in their own and others’ lives, including how to </p>	<p>Week 9 Democracy and decisions <u>All are Welcome</u> To consider how my life may change as I grow up To recognise my freedom</p> <p>Week 11 <u>Healthy Family Relationships - San</u> Expect Respect Toolkit – PPT Gender stereotypes – Floor book <i>Citizenship / British Values</i> Children will learn: <ul style="list-style-type: none"> • learn about government and parliament Children should: <ul style="list-style-type: none"> • show understanding via letter writing • understand the importance of respecting others’ privacy </p>	<p>Week 11 Celebration – supporting each other <i>Citizenship / British Values – sense of community</i> Healthy and safe Children will learn: <ul style="list-style-type: none"> • about the people who are responsible for helping them stay healthy and safe SG and ways that they can help these people about supporting each other Children should: <ul style="list-style-type: none"> • produce a Year 4 resource to share Racism and its consequences Values – diversity and equal opportunities Children will learn: <ul style="list-style-type: none"> • that actions have consequences – SG emotionally as well as physically and that bullying and racist behaviours are wrong Children should:</p>

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	<p>manage their money and about being a critical consumer</p> <ul style="list-style-type: none"> • that resources can be allocated in different ways and that these economic choices affect individuals, communities and the sustainability of the environment • about enterprise and the skills that make someone ‘enterprising’ Children should: • develop an initial understanding of the concepts of ‘interest’, ‘loan’, ‘debt’, and ‘tax’ (e.g. their contribution to society through the payment of VAT) SG • explore and critique SG how the media present information • structure and conduct interviews and compare results <p>Sustainable Goals</p> <p>https://www.un.org/sustainabledevelopment/sustainable-development-goals/</p>		<ul style="list-style-type: none"> • understand about bullying and racism SG
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Aspect	Date covered
Circle time - fortnightly	
Mission statement	

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<p><u>All class virtues – Integrity</u> respect, responsibility, equality, courage, friendship, kindness and love.</p>	
<p>Aspirations and vocational choices</p>	
<p>Success for all</p>	
<p>Staying safe</p>	
<p><u>All are Welcome</u> To Promote diversity To stand up to discrimination To challenge the cause of racism To consider how my life may change as I grow up To recognise my freedom</p>	
<p><u>RSE – Journey in Love</u> The wonder of God's love in creating new life</p>	
<p><u>Healthy Family Relationships</u> Expect Respect Toolkit – PPT Gender stereotypes</p>	
<p>Emotional wellbeing - Ishi</p>	
<p>Physically and emotionally healthy A healthy (including physically, emotionally and socially), balanced lifestyle (including within relationships, work-life, exercise and rest, spending and saving and lifestyle choices)</p>	
<p>Change (as something to be managed) and resilience (the skills, strategies and 'inner resources' we can draw on when faced with challenging change or circumstance)</p>	
<p>Online safety/Phone safety/Online sites</p>	
<p>Black History</p>	
<p>Anti-Bullying and Prejudice (online bullying)</p>	

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Refugees	
Citizenship	
Charity fundraising	
World (British) values	
Sustainable Goals	